

## With or Without Sugar

## Ingredients and equipment

300 grams fruit puree
300 grams sugar
A blender
Muffin/cupcake pan
Mixing spoon
A freezer

## The experiment

The experiment can be performed with various fruits, such as mango, passion fruit, apple, pear, strawberry, and others.

- 1. Puree the selected fruit in the blender.
- 2. Pour 100 grams of the puree (about half a cup) into one compartment of the muffin/cupcake pan.
- 3. Mix 100 grams of sugar with 100 grams of fruit puree and pour half of the amount into another compartment.
- 4. Mix 50 grams of sugar with 100 grams of fruit puree and pour about 100 grams of the mixture into a third compartment.
- 5. Place the pan in the freezer until the mixtures fully freeze.
- 6. Remove the pan from the freezer and taste the sorbet.